



Course Profile

GWO Basic Safety Training- Offshore

F2S Course Code — FS-6003



CERTIFIED TRAINING PROVIDER / 2023

WHO IS THE TRAINING FOR?

The target group is personnel who will be working in the wind industry or related fields and will have their duties in a wind turbine environment, usually in physical contact with a wind turbine or WTG structure.

Also, personnel that perform job functions that have been risk assessed by their employer or their workplace duty holder as a function, where training according to one or more modules of the BST standard may mitigate the identified risks.

WHAT DOES THIS TRAINING COVER?

The objective of the training is to make sure that the participants possess an awareness of the hazards encountered when working within the wind industry and how to control and mitigate these hazards.

Training in accordance with this Basic Safety Training will enable participants to support and care for themselves and others working in the industry by possessing the knowledge and skills of first aid, working at heights, manual handling, fire awareness, sea survival and in case of an emergency, to be able to evacuate, rescue and provide appropriate first aid to casualties.

HOW TO SUCCESSFULLY COMPLETE THIS TRAINING?

To achieve the GWO Basic Safety Training (Offshore), the participants will need to complete the mandatory unit as listed below:

TRAINING SUMMARY

- Fire Awareness
- First Aid
- Working at Heights and Manual Handling
- Sea Survival

PRE-REQUISITE

All personnel participating in Basic Safety Training shall be medically fit, appear well-rested and be capable of fully participating, showing no signs of fatigue, substance abuse or sickness.



Participants shall have created a personal Learner profile in WINDA and have provided their own WINDA ID prior to completing the GWO Training.

LOCATION



MAAP MAP

Maritime Academy of Asia and the Pacific (MAAP)

Kamaya Point, Barangay Alasasin,

Mariveles, Bataan, Philippines

Tel No: +632 8784 9100 local 4081 Email: astcoffshore@maap.edu.ph

COURSE TIMING	DURATION	VALIDITY
0830 – 1700 hours	31.5 hours / 4.5 days	2 years

DRESS CODE

Smart casual. Strictly no flip flops / vests / singlets or shorts allowed. PPE will be provided, however for any wet training, participants should bring their own swimwear. Participants requiring extremely large sizes should bring their own or make prior arrangements with the centre administration.

HEALTH & SAFETY

Briefing to be given at the start of the course. All medical conditions are to be informed to MAAP Customer Service prior to training arrangement if it may affect the participant's participation. All participants will be required to complete F2S medical screening form prior to course start.

PROOF OF LEARNER IDENTITY

All participants are required to bring photographic identification to the course, such as Government Identification Card, Passport or Driving License. Should you have any queries on this, please contact our centre administration prior to your course.

COURSE REQUIREMENT

Participants must ensure that they are in possession of the correct pre-requisite required for the course.



Training activities may include physically demanding and potentially stressful elements. All participants who participate in such activities must be fit and capable of participating fully.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

Personal Protective Equipment (P.P.E.) required for the course will be provided at the training centre however participants are required to bring their own safety boots. Participants requiring extremely large sizes should bring their own or make prior arrangements with us.

REFRESHMENTS

Lunch, morning, and afternoon tea breaks will be provided. Participants with special requirements such as vegetarian should notify the centre administration in advance.

SUBSTANCE ABUSE POLICY

Drugs, alcohol, or any illegal substances are prohibited at our training centre. Any participants found to be under influence of drugs, alcohol or illegal substances will be immediately removed from our premises and reported to the sponsoring company.

YOUR LEARNING EXPERIENCE

All participants should expect a high standard of training and support services. Upon completion of your training course, digitalized evaluation forms will be made available for you to provide your feedback. If you have any queries or concerns about your training, you may contact MAAP Customer Service at Tel No: +632 8784 9100 local 4081 Email: astcoffshore@maap.edu.ph



AMOSUP – PTGWO - ITF



Falcon Safety Services

TIMETABLE

Time	Duration	Lesson Description	Theory/Prac.
Day 1- First Aid Module			
08.30–09.00	30 mins	Introduction to the training	Theoretical
09.00–10.30	90 mins	Lifesaving first aid using primary survey and the first aid structure.	Theoretical
10.30–10.45	15 mins	Break	
10.45–12.30	105 mins	Lifesaving first aid using primary survey and the first aid structure.	Theoretical
12.30–13.30	60 mins	Lunch	
13.30–14.30	60 mins	Providing first aid to relevant incidents in the wind industry	Theoretical
14.30–15.30	60 mins	Scenario-based training	Practical
15.30–15.45	15 mins	Break	
15.45–17.00	75 mins	Scenario-based training	Practical
17.00–17.15	15 mins	Training Review & Feedback Session	
Day 2 - Working at Heights & Manual Handling Combined Module			
08.30–08.45	15 mins	Introduction to the training	Theoretical
08.45–09.10	25 mins	Legislation and behavioural safety	Theoretical
09.10–10.10	60 mins	Harness & Fall prevention.	Theoretical
10.10–10.35	25 mins	Vertical fall arrest systems	Theoretical
10.35–10.50	15 mins	Break	
10.50–12.40	110 mins	Fall arrest lanyards & Dropped objects. Self-retracting lifelines	Theoretical
12.40–13.40	60 mins	Lunch	
13.40–15.20	100 mins	Emergency procedures Rescue devices and rigging setup	Theoretical
15.20–15.35	15 mins	Break	
15.35–16.00	25	Injuries, symptoms, and essential manual handling principles	Theoretical



16.00–17.00	60	Manual handling: risk controls and proper manual handling techniques	Theoretical
17.00–17.30	30	Workshop: risks/hazards and suspension trauma	Theory/Prac.
17.30–17.45	15 mins	Training Review & Feedback Session	
Day 3 - Working at Heights & Manual Handling Combined Module			
08.30–08.50	20 mins	Measures to prevent injury during training	Practical
08.50–10.00	70 mins	Evacuation devices & rigging setup. Evacuation exercises	Practical
10.00–10.15	15 mins	Break	
10.15–12.30	135 mins	Rescue exercises	Practical
12.30–13.30	60 mins	Lunch	
13.30–15.00	90 mins	Rescue exercises	Practical
15.00–15.15	15 mins	Break	
15.15–16.30	75 mins	Rescue exercises	Practical
16.30–16.45	15mins	Training Review & Feedback Session	
Day 4 – Sea Survival Module			
08.30–08.50	20 mins	Introduction to the training	Theoretical
08.50–09.30	40 mins	Safety culture and legacy Cold water immersion Lifesaving appliances (LSA) and PPE SAR and GMDSS	Theoretical
09.30–10.00	30 mins	Safe travel and transfer Installations, vessels and WTGS	Theoretical
10.00–10.15	15 mins	Break	
10.15–12.30	135 mins	Transfer practical	Practical
12.30–13.30	60 mins	Lunch	
13.30–15.00	90 mins	Practical Sea Survival	Practical



15.00–15.15	15 mins	Break	
15.15–16.05	50 mins	Practical Sea Survival	Practical
16.05–16.40	35 mins	Training Review & Feedback Session	
Day 5 - Fire Awareness Module			
08.30–08.45	15 mins	Introduction to the training	Theoretical
08.45–10.15	90 mins	Legislation Fire combustion and fire spread. Fire extinguishing & Fire prevention Firefighting equipment in a WTG	Theoretical
10.15–10.30	15 mins	Break	
10.30–11.50	80 min	Practice and scenario-based training	Practical
11.50–12.05	15 mins	Training Review & Feedback Session	